

# Family Support Services

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Supporting Families Supporting Peers

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**RECOVERY**  
*Empowerment*  
**NETWORK**

# What is family?

When providing family support services, “family” is defined by the member receiving behavioral health services. This can include but is not limited to:

- Mother, Father, Brother, Sister
- Spouse, Children, Grandchildren
- Friend
- Neighbor
- Roommate








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# What are Family Support Services?

Family support services allow for family members of behavioral health recipients to receive supportive behavioral health services. These services are known as Parent/Family Support Services. Some available services include:

- Connecting with others through groups or one-on-one support.
  - Better understanding of mental health or substance use disorders.
  - Learning about and navigating the public health system.
  - Learning to develop coping, self-care, and advocacy skills.
  - Long-term care planning for both the individual and family.
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# What are Credentialed Parent Peer/ Family Support Partners?

A Credentialed Parent Peer/ Family Support Partner (CPPFSP, or Support Partner) is someone who has personal experience supporting a child or adult with a behavioral health challenge or substance use disorder. They have been trained to use their experience to help others access services.









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# Where to Find Support Partners?

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- A Support Partner can work in a behavioral health center.
  - Any AHCCCS member who has a behavioral health need, and their family, can use a Support Partner.
  - If you are a parent, natural support, or family member and want to use your experience to support others consider becoming a Support Partner.





# How Can Parent Peer/Family Support Partners help families?

- Sharing your experience to create an emotional connection.
- Educating others on how to access services.
- Connecting to others through groups or one-on-one activities.
- Developing coping and self-care skills.
- Inspiring hope which helps others grow and recover.





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# How to become a Support Partner

You must complete an approved training program and pass an exam.

Many different training programs are available.

Some offer specialized training in areas of:

- Criminal justice
- Foster children
- Serious Mental Illness designation
- Substance Use Disorder or Opioid Use Disorder






# Where can I receive training to become a Support Partner?

## AHCCCS APPROVED CREDENTIALLED PARENT/PEER FAMILY SUPPORT PARTNER (CPPFSP) TRAINING PROGRAMS

AZ Complete Health	520-809-6483	<a href="mailto:advocates@azcompletehealth.com">advocates@azcompletehealth.com</a>
United Healthcare	602.255.1638	<a href="mailto:advocate.oifa@uhc.com">advocate.oifa@uhc.com</a>
University of Arizona	520-621-1642	







Adult Family Support Central Arizona	
Agency Name	Website
Community Bridges, Inc.	<a href="https://communitybridgesaz.org">https://communitybridgesaz.org</a>
Copa Health	<a href="http://www.copahealth.org">http://www.copahealth.org</a>
La Frontera Empact Suicide Prevention Center	<a href="http://lafrontera-empact.org">lafrontera-empact.org</a>
Family Involvement Center	<a href="http://familyinvolvementcenter.org">familyinvolvementcenter.org</a>
Horizon Health and Wellness	<a href="http://www.hhwaz.org">www.hhwaz.org</a>
MIKID	<a href="https://www.mikid.org">https://www.mikid.org</a>
Open Hearts	<a href="https://openheartsaz.org">https://openheartsaz.org</a>
Resilient Health	<a href="https://www.resilienthealthaz.org">https://www.resilienthealthaz.org</a>
Southwest Behavioral Health Services	<a href="https://www.sbhservices.org">https://www.sbhservices.org</a>
Southwest Network	<a href="http://www.southwestnetwork.org">www.southwestnetwork.org</a>
Terros	<a href="https://www.terroshealth.org">https://www.terroshealth.org</a>